

# **FIVE STEPS IN MAKING A DECISION**

Goodbye Cinderella Program  
Samarkand Manor Youth Development Center

1.State clearly what the problem is:

---

---

---

2.Think of all the ways the problems could be solved (alternatives):

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

3.Take each alternative and list all the things that could happen, good and bad, if that alternative is chosen and acted on. (Leave extra room for additional information to be added in step 4).

GOOD	BAD
1. _____	1. _____
_____	_____
_____	_____
2. _____	2. _____
_____	_____
_____	_____
3. _____	3. _____
_____	_____
_____	_____
4. _____	4. _____
_____	_____
_____	_____

4.Think of all the Values about right and wrong that parents have taught. Think about how family and friends will be affected by your decision. (Add this to the list above).

5. DECIDE on the alternative that seems best and write it out.


(Use these steps for each decision made; use the final decision for making a plan for carrying out the decision; use the plan to set goals.)

**DECIDE; PLAN; SET GOALS = SUCCESS**